

Virginia Orthopaedic Society

Volume No. 2

Winter 2001

President's Message

The mission of the Virginia Orthopaedic Society has always been to facilitate communication amongst its membership, to promote education of the membership, to provide a strong and unified voice in legislative issues, and above all, to advocate quality patient care.

Orthopaedic surgeons in Virginia are so busy that we have become isolated in our work, work, work. Much effort has been devoted in the past years to address this isolation by making it easier to stay connected. The VOS leadership, along with the hardworking folks at Ruggles Service Corporation, have improved our methods of communication. Membership rolls have been updated, and using AAOS records, potential new members have been identified. We continue to encourage membership of those physicians in Virginia residency programs as they represent the new ideas and energy that will keep our society vibrant. Cap Eschenroder has updated the VOS web page (www.vos.org) to make it more user friendly, and we have developed online registration as well as abstract capabilities. Also planned are consultation (chat) rooms and educational downloads. Chris Young pushed through the first VOS newsletter last year, with the goal of highlighting the issues and activities before the VOS each year.

The VOS Annual Meeting is a large part of our educational initiative, although not all of it. A popular part of the format in recent years has been examining both sides of a controversial topic via mini symposia, and this year we will have symposia on vertebraplasty (do you know the indications?), minimally invasive unicondylar knee replacement, and rotator cuff arthropathy. Also we will continue to solicit clinical studies from our colleagues as well as research innovations from teaching institutions in the Commonwealth. The VOS has been successful in attracting visiting professors of national distinction, and this year we are honored to have two individuals with ties to Virginia; Russ Warren, chief of the Hospital for Special Surgery, and Jim Heckman, editor

of the *Journal of Bone and Joint Surgery*. In addition to the Annual Meeting, the VOS has received a grant from the AAOS to develop a module for teaching the techniques of legislative negotiation, drawing on Chris Young's experience with the Physical Therapy Direct Access Bill signed into law earlier this year.

The legislative arena is the area that the VOS has traditionally devoted major attention to, and this year will be no different. One example of the importance of this effort is evidenced by the trials of our colleagues in West Virginia and Pennsylvania concerning malpractice insurance coverage. The average malpractice premium in Pennsylvania is currently over \$100,000 per year, and the West Virginia crisis has left many surgeons without insurance at all. The malpractice cap in Virginia is constantly being reexamined, and we need to be there to ensure that our legislators see all sides of the issue. The VOS contributes financially to the lobbying efforts of the Medical Society of Virginia, for there are many issues that impact all physicians in the Commonwealth, such as the Fair Business Practice, or the Certificate of Public Need (COPN) legislation. There are many musculoskeletal issues, however, that orthopaedists may be the best qualified to provide information to our legislators, and which may not attract the attention of the MSV, such as Podiatry

scope of practice or Chiropractor regulatory agencies. If we demand high standards of musculoskeletal care for the patients of Virginia regardless of who is providing that care, we will win the respect and trust of our legislators. This will not be easy, however, as many legislators view past physician initiatives as arrogant attempts to limit competition. As a way of changing this perception, the VOS is sponsoring a Legislative Reception on January 22, 2002 at the SunTrust Building in Richmond during the legislative session. For this to work, we have to have orthopaedists, not lobbyists, at this reception. I urge those of you within a reasonable distance of Richmond to put this date on your calendar, and help us take an active role in the development of laws which will govern us all. Last year, Chris Young demonstrated how effective this approach can be.

We are the oldest state orthopaedic society, and I hope that you will continue to feel that, despite how busy our world has become, there is still a need for our initiatives. We need your money, certainly, but more importantly we need your participation. Encourage a colleague who is not a member to join, come to the Legislative Reception, share your experiences at the Annual Meeting, and help us build on the work of our predecessors.

William A. Jiranek, MD
VOS President

The Virginia Orthopaedic Society

*Cordially invites you to a reception
to honor members of the Virginia Assembly*

Tuesday, January 22, 2002

5:00-8:00 pm

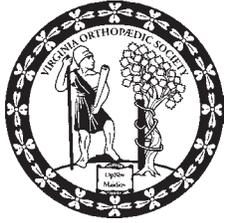
Executive Dining Room, 24th Floor SunTrust Bldg.

Enter: 10th & Cary Streets

Parking: SunTrust Lot

RSVP by January 14, 2002

www.vos.org



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*Virginia Orthopaedic
Society
54th Annual Meeting
May 19-20, 2001
Williamsburg, Virginia*



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2002 Annual Meeting Preview



Dear VOS Colleagues,

Make plans now to attend your Virginia Orthopaedic Society Annual Meeting May 17 - 19, 2002. The meeting will be held at the beautiful Homestead Resort in Hot Springs, Virginia. We are fortunate to have Dr. James Heckman, editor of *Journal of Bone and Joint Surgery* and former president of the AAOS, and Dr. Russ Warren, chairman of Orthopaedics at the Hospital for Special Surgery in New York, as our invited guest speakers. In addition, we are inviting other well known orthopaedists from around the state of Virginia to highlight various symposia on topics of current interest and controversy, including minimally invasive unicondylar knee arthroplasty, spine vertebroplasty, difficult shoulder problems including cuff arthropathy, arthroplasty, and fractures. We will introduce poster displays for the first time this year so additional papers can be viewed in the exhibit hall. As usual, the meeting carries full category 1 CME credits.

Abstracts for presentations may be submitted now through the society website <www.vos.org>. The **deadline for submissions is February 1, 2002.**

Also new this year will be a Friday evening scientific program and reception, so you may want to arrive early for an extra round of golf before the meeting begins. As usual, we will have a Saturday afternoon golf tournament which should be a real treat on the Cascades course. If there is sufficient interest, a tennis tournament will be held as well. Plans are being made for a special social event for Saturday evening that you won't want to miss. With all that the Homestead has to offer, this should be a very special weekend. The Homestead has lots of kid-friendly activities with childcare possible, so bring the whole family. We encourage you to register early for the meeting as lodging is limited and subject to availability. I look forward to seeing you and your family there.

David Diduch, MD

About the Homestead

Nestled amidst the beauty of Virginia's Allegheny Mountains, The Homestead boasts 15,000 acres of relaxation and recreation for the whole family. Winter, spring, summer or fall you may choose from among dozens of activities to please a variety of discriminating tastes. For those less activity minded, we also offer a full-service Spa and Salon featuring massages, mineral baths, facials, manicures and much more for men and women. Most of our recreational amenities are offered year round, weather permitting - including golf on the Old Course.

The Cascades Course - designed in 1923 by cavalier gentleman William S. Flynn - touts a nearly incomparable tradition of championship golf, and is the jewel in the trio of Homestead courses. But Flynn keeps good company among the designers of The Homestead's two additional courses. The Old Course - boasting the oldest first tee in continuous use in the U.S. - dates back to 1892 and is an original Donald Ross design, while the Lower Cascades Course features the work of Robert Trent Jones, Sr. Each course presents golfers with unique challenges, characteristics and breathtaking scenery. Whether you visit The Homestead to hone your game at the renowned Golf Advantage School, walk the fairways of the Cascades Course where golfing legend Sam Snead began his illustrious career, or simply enjoy what most consider the finest mountain golf in the country - you are certain to find a commitment and a dedication to preserving the fine tradition of golf.

Preliminary Schedule

FRIDAY, MAY 17, 2002

- 5:00 – 6:30 pm Registration
- 6:30 – 8:00 pm Cocktails and Dinner (spouses included)
- 8:00 – 9:00 pm **Visiting Professor: James Heckman, MD**
Editor, *Journal of Bone and Joint Surgery*
A Texan's view of Boston Orthopaedics: different ways of treating the same problems
Second lecturer and topic to be announced
- 9:00 pm Adjourn

SATURDAY, MAY 18, 2002

- 6:00 – 7:00 am Registration and Continental Breakfast with Exhibitors
- 7:00 – 8:00 am **Session I – Trauma, Foot/Ankle**
Moderator: John Cardea MD
- 8:00 – 8:30 am **Visiting Professor: James Heckman, MD**
Editor in Chief, *Journal of Bone and Joint Surgery*
How do we manage information overload?
- 8:30 – 9:30 am **Symposium 1: Minimally Invasive Unicondylar Knee Replacement: Progress or Regress**
Participants: Gerry Engh, M.D.; Alfred Tria, M.D.; Richard Scott, MD
- 9:30 – 10:00 am Break with Exhibitors
- 10:00 – 11:00 am **Session II – Total Joint, Basic Science**
Moderator: Charles Engh, MD
- 11:00 – 11:45 am **Symposium II: Treatment of Rotator Cuff Arthropathy**
Participants: Russell Warren MD; Richard Worland, MD; Chris Young, MD
- 11:45 am – 12:00 pm **Presidential Address: State of the Society**
- 12:00 – 12:30 pm **Lunch and Poster Viewing at the Exhibits**
- 12:30 – 6:00 pm Leisure Activities
- 6:30 – 8:00 pm Cocktail Reception (Supported by Howmedica)
- 8:00 pm Dinner on own
Hospitality Suite (Supported by Howmedica)

SUNDAY, MAY 19, 2002

- 7:00 – 8:00 am Continental Breakfast with Exhibitors / Difficult Cases
- 8:00 – 9:00 am **Session III – Spine / Tumor**
- 9:00 – 9:30 am **Visiting Faculty: Russell Warren, MD**
Surgeon in Chief, Hospital for Special Surgery
What to do with the massive cuff tear?
- 9:30 – 10:30 am **Symposium 3: Vertebroplasty: What are the indications and what are the risks?**
Participants: Michael Simpson, MD
- 10:45 – 11:15 am Break with Exhibitors
- 11:15 am – 12:30 pm **Session IV – Sports Medicine**
- 12:30 – 1:00 pm **Presentation of Awards & Business Meeting**
- 1:00 pm Adjournment

Program Registration

Attendees are asked to register for the meeting. One form per registrant. Duplicate form if needed.

Name: _____

Mailing Address: _____

City/State/Zip: _____

Telephone _____ Fax: _____

Email: _____

Spouse/Guest Name (if attending) _____

Children's Names and Ages _____

Registration

Please check appropriate category. There is no registration fee for members. However, a refundable deposit of \$50.00 is required for member registration. Deposits will be refunded in full when you attend, or upon cancellation prior to April 30, 2002.

No Registration Fee: <input type="checkbox"/> VOS Member <input type="checkbox"/> VOS Member Applicant <input type="checkbox"/> Emeritus Member <input type="checkbox"/> Resident/Fellow
<input type="checkbox"/> Non-member Physician — \$150.00 <input type="checkbox"/> Allied Health — \$100.00 (Make checks payable to VOS)

Social Events

- Golf at Cascades Course #____ @ \$175.00
- Friday Night Dinner Symposium #____ Adults (Sponsored by Pfizer Pharmacia)

Payment

Make checks (US currency) payable to: **Virginia Orthopaedic Society (Member deposit is refundable.)**

Credit Card Payment: VISA MasterCard

Card #: _____ Exp Date: _____

Name on Card: _____ Signature: _____

Please return this form by April 30, 2002 to: Virginia Orthopaedic Society, P.O. Box 11086, Richmond, VA 23230-1086; (804) 282-0063; Fax (804) 282-0090



Robert P. Nirschl, MD, (right) receives the Bone and Joint Award for Virginia's Proclamation.

VOS Welcomes its New Members for 2001

- Christopher Annunziata, MD - *Vienna*
- Norman D. Boardman, MD - *Richmond*
- Kevin Francis Bonner, MD - *Portsmouth*
- Robert E. Cassidy, MD - *Danville*
- Yogesh Chand, MD - *Bluefield*
- Ramesh G. Chandra, MD - *Falls Church*
- Steven B. Cohen, MD - *Charlottesville*
- Gautham Gondi, MD - *Lynchburg*
- Jeremy P. Hatch, MD - *Blacksburg*
- Geoff Higgs, MD - *Richmond*
- Ronald E. Hodges, MD - *Danville*
- Wallace Lee Huff, Jr., MD - *Alingdon*
- Drew E. Kiernan, MD - *Lynchburg*
- H. Robert Tuten, MD - *Tifton*
- Brantley P. Vitek, MD - *Fairfax*
- Paul D. Warren, MD - *Norfolk*



Reservation Request



Virginia Orthopaedic Society

May 16 – 20, 2002

The following daily rates are per room, per day based on the European Plan (No Meals).

Please circle preferred rate:

ROOM:

Single Occupancy Double Occupancy
\$268.00 Per Room \$268.00 Per Room

SUITES: (Based on availability)

Junior: Single - \$363.00 Double - \$363.00
One Bedroom: Single - \$443.00 Double - \$443.00
Two Bedroom: Available Upon Request

Children sharing room with parents:

- 0 to 18 years Complimentary
Additional \$75.00 Per Person Per Day

15% service charge and 4.5% sales tax are additional.

Arrival Date Departure Date Time of Arrival AM/PM

Please reserve No. of rooms for No. of adults

Name MD Ph.D. Other

Last First MI Address

City, State, Zip

Day time phone Fax

Email

Name of person(s) sharing room

Children's names and ages

An advance deposit of first night's room rate is required to guarantee your reservation. Early mailing of reservations is highly recommended. Confirmed reservations are based on room availability. Reservations must be received by April 1, 2002 or until the room block has been filled. Deposit may be made with Visa, MasterCard, American Express, Diner's Club, and Discover, which will be charged when reservation request is received. If deposit is by check payment must be received with this reservation request. Deposit is refundable if notice of cancellation is received at least 14 days prior to the scheduled arrival date.

Check or money order enclosed. Amount \$

- Visa Master Card American Express Discover Diner's Club CCA Member Card

Card No. Exp. Date

Signature Name Printed on Card

Advance reservations and appointments are suggested for all evening dining and recreation to ensure preferred times. Please call 800-838-1766. Check in time is after 4:00 p.m. Check out time is before 12:00 noon.

Reservations request made by: Date:

Dress: During the day, casual resort attire is preferred. Jeans and bathing suits are discouraged in The Great Hall. In the evening, jacket and tie are required in The Dining Room and jackets elsewhere. Casual attire is welcomed at Sam Snead's Tavern and The Sports Bar.

Mail to: Group Reservations, P.O. Box 2000, Hot Springs, Virginia 24445
FAX request may be sent to 540-839-7922
Reservations by fax or mail only, no phone calls please.
Visit our website at www.thehomestead.com

PLAN NOW!

55th Annual Meeting

May 17- 19, 2002

Go to www.vos.org to submit your Abstract
Abstract Deadline - February 1, 2002



The Homestead
Hot Springs, Virginia

William A. Jiranek, MD - Richmond
President

David Diduch, MD - Charlottesville
Michael Simpson, MD - Richmond
Program Co-Chairs

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