On behalf of the Board of Directors and all the members of the Virginia Orthopaedic Society, we invite you to attend the 64th Annual Meeting at the historic Homestead Resort! We have organized a meeting that should be both educational and enjoyable.

We are lucky to have Dr. Bill Hazel, former team physician for the Washington Redskins and current Secretary of Health and Human Resources for the Commonwealth, serve as our keynote speaker. He will readdress a topic on everyone’s mind, the future of healthcare in Virginia, and then he will field questions from the membership.

The focus of the meeting will be on two areas applicable to most surgeons across the state, sports medicine and total joint reconstruction. Dr. Thomas Sculco, Surgeon-in-Chief at the Hospital for Special Surgery, is our reconstruction keynote speaker and will also participate in a series of debates centered around current, controversial issues in the field. Dr. Darren Johnson, Chairman of the University of Kentucky Orthopaedic Surgery and Sports Medicine, will participate in several panel discussions in addition to his keynote address.

To round out the educational program, we will begin with a series of orthopaedic-related topics that are both relevant and informative to the practicing surgeon. We are also including podium and abstract presentations from across the state. Our goal is to present a diverse and interesting curriculum that should be valuable to a wide range of orthopaedists.

Finally, please take advantage of the accommodations at the legendary Homestead Resort. There are a variety of activities that should interest the young and old. We look forward to seeing you at social functions on Friday and Saturday night, and please take a moment during breaks to spend time with our generous sponsors. If there is anything we can do or any suggestions for future meetings, please let us know. We look forward to seeing you at the meeting to learn something, but most of all, to have fun!

Sincerely,

Gregory F. Domson, MD
Mark J. Romness, MD
Conference Co-Chairs

Program Objectives

Upon completion, participants in the Virginia Orthopaedic Society’s 64th Annual Meeting, should be able to:

1. Identify the issues facing healthcare in the state of Virginia and how they are being addressed.
2. List ways to improve the use of mid-level providers and avoid pitfalls.
3. Distinguish the current use of PRP versus the appropriate use in the orthopaedic patient.
4. Recognize new techniques in the use of wound vags.
5. Identify indications and complications from the common forms of regional anesthesia used for orthopaedic cases.
6. Discuss some of the most cutting edge controversies in adult reconstruction and the potential pros and cons of each alternative.
7. Discuss some of the most cutting edge controversies in sports medicine and the potential pros and cons of each alternative.

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Virginia Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this educational activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
FRIDAY - APRIL 29, 2011

3:00 pm – 5:00 pm  Registration
5:00 pm – 8:00 pm  Opening Reception and Cookout
6:15 pm – 7:00 pm  The Future of Healthcare in the Commonwealth
                  William A. Hazel, Jr., MD

SATURDAY - APRIL 30, 2011

6:00 am  Continental Breakfast
6:00 am – 12:00 N  Registration
6:45 am  Introduction / Welcome
         A. Bobby Chhabra, MD - President
         Program Directors: Mark J. Romness, MD; Gregory F. Domson, MD

General Session
7:00 am – 7:20 am  How to Use Your Mid-Level Provider
                   Wilford K. Gibson, MD
7:20 am – 7:45 am  PRP Update
                   Thomas K. Miller, MD
7:45 am – 8:10 am  Regional Anesthesia Complications Update
                   Ashley M. Shilling, MD
8:10 am – 8:35 am  Vacuum Assisted Wound Care Update
                   David B. Drake, MD
8:35 am – 8:50 am  Break / Exhibits / Posters
8:50 am – 9:15 am  New Technology in Arthroplasty: Can We Afford It?
                   Thomas P. Sculco, MD

Adult Reconstruction Debate - Navigation for THA
Moderator: Quanjun "Trey" Cui, MD
9:15 am – 9:25 am  TKA With Navigation
                   John W. Mann, MD
9:25 am – 9:35 am  TKA Without Navigation
                   James A. Browne, MD
9:35 am – 9:55 am  Discussion

Adult Reconstruction Debate - Approaches for THA
Moderator: Kevin B. Fricka, MD
9:55 am – 10:05 am  Posterior MIS Hip: Does It Still Stand?
                    Thomas P. Sculco, MD
10:05 am – 10:15 am  Anterior Muscle Sparing THA: State of the Art in THA
                      Anthony T. Carter, MD
10:15 am – 10:35 am  Discussion
10:35 am – 10:55 am  Break / Exhibits / Posters

- Continued on the following page -
Adult Reconstruction Debate - Approaches for FAI
Moderator: Jason R. Hull, MD
10:55 am – 11:05 am  Anterior Mini Approach
Philip J. Patterson, MD
11:05 am – 11:15 am  Ganz Surgical Dislocation
Quanjun "Trey" Cui, MD
11:15 am – 11:35 am  Discussion
11:35 am – 12:15 pm  The Future of Healthcare in the Commonwealth Q & A Session
William A. Hazel, Jr., MD

SUNDAY, MAY 1, 2011
6:15 am  Continental Breakfast
6:15 am – 12:00 N  Registration
Abstracts
7:00 am – 7:10 am  Biomechanical Analysis of Pedicle Screw Axial Pullout Strength Augmented with Calcium Triglyceride (CTG) Versus Polymethylmethacrylate (PMMA) in Primary and Revision Models - Lindsay E. Hickerson, MD
7:10 am – 7:20 am  BMP Regulation of Mesenchymal Progenitor Cells in Regenerating Muscle Tissue - Matthew W. Kluk MD, CPT, MC
7:20 am – 7:30 am  Can Allogeneic Mesenchymal Stem Cells Escape Rejection for Use in Orthopaedic Applications? - Scott Yang MD
7:30 am – 7:40 am  Complications Related to Anatomic Reconstruction of the Coracoclavicular Ligaments - Matthew D. Milewski, MD
7:40 am – 7:50 am  Clinical and Functional Outcomes Following Primary Repair Versus Reconstruction of the Medial Patellofemoral Ligament for Chronic Patellar Instability - Marc Tompkins, MD
7:50 am – 8:10 am  Discussion
8:10 am – 8:20 am  Preliminary Results of Proximal Ulna Fractures Treated with a Multiplanar, Locked Intramedullary Nail - Scott G. Edwards, MD
8:20 am – 8:30 am  Neurotrophic Effects of Perfluorocarbon Emulsion Gel - Ilvy Friebe, MD
8:30 am – 8:40 am  Intercondylar Notch Size and Non-Contact ACL Injuries at the United States Naval Academy - Kelly Kilcoyne, MD, CPT
8:40 am – 8:50 am  Complications Related to Hip and Knee Arthroplasty Following Sleep Apnea - John A. Scanelli, MD
8:50 am – 9:00 am  The Diagnostic Accuracy of Intra-Articular Anesthetic Hip Injections in Hip Arthroscopy Patients - Kevin Wilson, MD
9:00 am – 9:20 am  Discussion
9:20 am – 9:35 am  Break
9:35 am – 10:00 am  Anatomic ACL Surgery: 2011
Darren L. Johnson, MD

Sports Panel / Case Topic 1
Moderator: Mark D. Miller, MD
10:00 am – 10:30 am  Biceps Tenodesis vs. Tenotomy
David R. Diduch, MD; Cay M. Mierisch, MD; Darren L. Johnson, MD; Thomas P. Loughran, MD
10:30 am – 11:00 am  Sports Current Concept Cases: Concussions
Thomas K. Miller, MD
11:00 am – 11:20 am  Current Concept Cases: Cervical Spine Injuries
Francis H. Shen, MD

Sports Panel / Case Topic 2
Moderator: N. Douglas Boardman, III, MD
11:20 am – 11:50 am  Rotator Cuff Repair Technique
David R. Diduch, MD; Cay M. Mierisch, MD; Darren L. Johnson, MD; Thomas P. Loughran, MD
11:50 am – 12:20 pm  Treatment of the Multiple Ligament Injured Knee
Darren L. Johnson, MD
12:20 pm – 12:30 pm  Closing Remarks / Awards Ceremony

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12:20 pm – 12:30 pm  Closing Remarks / Awards Ceremony
Attendees are required to register for the meeting. One form per registrant. Duplicate form if needed.

First Name ___________________________ M.I. _______ Last Name ___________________________

Specialty ____________________________

Affiliation/Business/Organization ____________________________

Primary Mailing Address  q Home  q Work ____________________________

City/State/Zip ____________________________

Country ____________________________ Office Phone ____________________________ Fax ____________________________

Email* __________________________________________ Please print clearly for successful email delivery of your confirmation letter.

*Email is required for registration confirmation.

Are you a Resident Physician?  q Yes  q No  
A Fellow?  q Yes  q No

Do you require special assistance because of a disability or do you have any dietary restrictions? If so, please describe ____________________________

Registration Fees

Please check appropriate category below. After April 1, 2011, late fees apply.

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<tr>
<td>VOS Member</td>
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<td>VOS Non-Member Eligible*</td>
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</tr>
<tr>
<td>Friday Night Cookout</td>
<td>Adults @ $25 per person</td>
<td>Children @ $10 per person</td>
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</table>

TOTAL $ __________

Payment

Make checks (US currency) payable to: Virginia Orthopaedic Society  Credit Card Payment:  q VISA  q MasterCard  q Discover

Credit Card No. ____________________________ Exp. Date ___________ CVV Security Code* ___________

Billing Address ____________________________ Billing Zip Code ___________

Signature ____________________________ Printed Name on Card

*CVV code is the three digit number on the back of VISA or MC or 4 digit number on the front of AMEX card above the account number.

Refund Policy: 80% refund through 4/1/11; no refund after 4/1/11. Refunds will be determined when date written cancellation is received. All cancellations must be in writing. Contact the VOS headquarters with any questions.

PLEASE NOTE

If you do not receive a confirmation letter from the VOS office within 30 days of submitting your completed registration form and payment information, please call the VOS office at (804) 282-0063 to confirm that your registration material has been received.
Equestrian Activities
A Tradition from Colonial Virginia: Equestrian Activities. Take a private carriage ride along The Homestead’s secluded wooded trail in an antique buckboard carriage dating back to the early 1900’s. Or, saddle up for a leisurely ride on bridle paths unsurpassed for their quiet beauty, deep in the Virginia Mountains. Our Equestrian Center at the resort offers a selection of horses suitable for English or Western saddle and for all levels of riding ability, and provides a mounted guide to accompany the rider.

Hiking & Biking
One hundred miles of Virginia hiking and biking trails wind through acres of mountains and valleys surrounding The Homestead. Rent a mountain bike for a two-wheel adventure through this southwestern Virginia wonderland, on biking trails ranging from intermediate to extreme. Mountain bikes are available for rental in the lower level of the mountain lodge at the ski area from 10 a.m. to 4 p.m. daily. Helmets are provided and required on Homestead property. All bikes are rented on a first-come, first-served basis.

The Homestead Gun Club
A time-honored pursuit intrinsically linked with the history of Virginia, skeet shooting at The Homestead offers a diversified presentation of targets that is unequalled anywhere and appropriate for all skill levels. Our world-famous sporting clays course extends for almost a mile through the woods with a scenic journey that simulates many types of game birds and rabbits. Offerings include four skeet fields, trap and five-stand, along with a .22 rifle range. Guns, ammo, targets and vests are all provided, as well as eye and ear protection for your safety and comfort. Our seven certified N.S.C.A. shooting instructors are available for group and private lessons. Reservations are required; call 540-839-7787 for further information or to set up an appointment.

Canoeing & Kayaking
Treat the family to an adventure down the Jackson River by canoe or kayak – an unforgettable excursion that promises beautiful scenery and excitement for all. Or, explore Virginia’s Lake Moomaw with a kayak rental, and savor breathtaking views as you glide across the waters at your own pace.

Fly Fishing
Some of the best Virginia fly fishing is offered on the beautiful private waters of the Cascades Stream. Our Orvis-trained guides are available for fly fishing lessons or guiding services. Licenses, equipment rental and stream use permits and fishing gear are available at Alleghany Outfitters, located on Cottage Row. Two-hour to full-day packages include stream permit, Virginia fishing license, all rental equipment, and guide service. Advanced reservations for equipment, guide services and lessons are recommended by calling Alleghany Outfitters at 540-839-7760 or extension 57760.

Don’t Miss the Friday Night Cookout!

- Garden Salad
- Potato Salad
- Cole Slaw
- Macaroni Salad
- Hot Dogs
- Hamburgers
- Chicken Breasts
- Homestead BBQ
- House Made Chili
- Beverages
- Cookies & Brownies

FRIDAY, APRIL 29
5:00 - 8:00 pm
Held at The Casino

Keynote Speaker

Darren L. Johnson, MD
Dr. Johnson is currently Professor and Chairman of the Department of Orthopaedic Surgery at the University of Kentucky. He is also Director of Sports Medicine and Program Director of the accredited fellowship program in Sports Medicine. He is the head team orthopaedic surgeon to the UK Wildcats. Dr. Johnson received his MD degree at UCLA and completed his orthopaedic residency at the University of Southern California, followed by a fellowship in sports medicine and shoulder surgery at the University of Pittsburgh. He was selected in 1995, by the AOA, as a John Fahey North American Traveling Fellow and later in 1997, by the AOSSM-ESSKA, as a Traveling Fellow. He has served on the Board of Directors of the American Academy of Orthopaedic Surgeons. He currently serves on many national committees including the American Orthopaedic Society for Sports Medicine, Arthroscopy Association of North America and American Orthopaedic Association. His published work includes more than 90 peer-reviewed manuscripts and over 20 book chapters. Dr. Johnson has presented at many national and international meetings on varied complex topics related to knee and shoulder problems. He has been annually selected as one of the “Best Doctors in America” by Castle Connelly and as one of the “Top Doctors” in America.

Thomas P. Sculco, MD
Thomas P. Sculco, MD, Surgeon-in-Chief and Korein-Wilson Professor of Orthopaedic Surgery at the Hospital for Surgical Care in New York, NY. Dr. Thomas Sculco is also the Chairman of the Department of Orthopaedic Surgery and a Professor of Orthopaedic Surgery at Weill Cornell Medical College. He has written more than 235 papers and 64 chapters, and has presented over 540 papers on orthopaedic surgery and the surgical treatment of arthritis. He was included in New York Magazine’s 2009 and 2010 list of “Best Doctors in New York.”
HOTEL RESERVATION INFORMATION

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<th>Types of Accommodations</th>
<th>Nightly Rate Per Room</th>
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<td>Single Occupancy</td>
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<tr>
<td>Double Occupancy</td>
<td>$174</td>
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<tr>
<td>Suite: Junior, Single/Double</td>
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<tr>
<td>Suite: One Bedroom, Single/Double</td>
<td>$324</td>
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<tr>
<td>Suite: Two Bedroom, Single/Double</td>
<td>Available Upon Request</td>
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Children 18 years old and younger sharing room with parent is complementary. Additional adult in room is $85.00 per person per day.

All rates are subject to applicable state and county taxes (currently 9%) plus 15% resort charge. The resort fee includes housekeeping gratuity, use of indoor-outdoor pool and fitness center, nightly movies, newspaper delivery, wired and wireless internet connectivity, valet parking and on-property transportation. A one night room deposit is required at your reservation request. Cancellations must be made at least 7 days prior to arrival date to receive a deposit refund. Check-in time is after 4:00 pm. Check-out time is before 12:00 noon. Dress during the day is casual attire. Jeans and bathing suits are discouraged in The Great Hall. In the evening, collared shirt and jacket required in the Dining Room and the 1766 Grill. Tie optional in Dining Room. Resort casual elsewhere.

Online Reservations Instructions
2. Enter your preferred lodging dates. The group rates are available from April 28 - May 1, 2011. The meeting dates are April 29 - May 1, 2011. Enter how many people will be included in the reservation and click on “Book Now.”
3. When the reservations screen comes up on your screen, enter VOS as your group code, then click on “Continue.”
4. Your reservation will come up next on your screen. At this point, you can edit it if necessary. If it is correct as is, click on “Continue.”
5. Name, address and payment information is taken next. Fill out the appropriate information and click on “Book Reservation.” Be sure to enter your email address since your confirmation will be delivered via email.
Disclosure of Faculty Financial Affiliations
The American Academy of Orthopaedic Surgeons (AAOS), as an ACCME accredited provider, and the Virginia Orthopaedic Society (VOS) endorse and strive to comply with the Accreditation Council for Continuing Medical Education (ACCME) Standards of Commercial Support, Commonwealth of Virginia statutes, and associated federal and private regulations and guidelines on the need for disclosure and monitoring of proprietary and financial interests that may affect the scientific integrity and balance of content delivered in continuing medical education activities under our auspices.

The AAOS and VOS require that all CME activities accredited through this institution be developed independently and be scientifically rigorous, balanced and objective in the presentation/discussion of its content, theories and practices.

All faculty presenters participating in an accredited CME activity are required to disclose relevant financial relationships with commercial entities occurring within the past 12 months (such as grants or research support, employee, consultant, stock holder, member of speakers bureau, etc.). The AAOS and VOS will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the reader. Questions about specific strategies can be directed to the Office of Continuing Medical Education, American Academy of Orthopaedic Surgeons, 6300 North River Road, Rosemont, IL 60018-4262.

Disclosure of Discussion of Non-FDA Approved Uses for Pharmaceutical Products and/or Medical Devices
The American Academy of Orthopaedic Surgeons (AAOS) and VOS, as ACCME providers, require that all faculty presenters identify and disclose any off-label uses for pharmaceutical and medical device products. AAOS recommends that each physician fully review all the available data on new products or procedures prior to clinical use.

CME Activity Participant Requirement
The American Academy of Orthopaedic Surgeons Office of Continuing Medical Education and VOS require that all participants at live CME activities sign attendance sheets daily to confirm participation in the CME activity for that day. Certificates of attendance designating the maximum number of hours of participation, are distributed to each participant at the CME activity. Participants are responsible for accurately tracking their actual participation at live events.